Types of bullying:

1. Physical
2. Verbal
3. Social
4. Cyber
5. Prejudicial
6. Direct
7. Indirect

Descriptions:

☐ Kicking, hitting, punching, slapping, shoving, and other physical attacks.

☐ Using words, statements, and name-calling to gain power and control over someone else.

☐ Making others feel unwelcome in a group, spreading rumors among select friends,
   and publicly humiliating someone.

☐ Sending hurtful pictures, messages, or information using social media.

☐ Treating differences in race, religion or sexual orientation as a bad thing, and singling
   someone out because of their personal preferences or ancestry.

☐ Targeting someone face-to-face.

☐ Spreading lies behind someone's back.